



MINISTERE DE LA SANTE



Bringing Family Planning to the Community

Introduction of DMPA-SC (Sayana Press) in Benin

The Republic of Benin faces high rates of maternal, neonatal and child deaths and a low rate of modern contraceptive use. In 2013, the Government of Benin pledged to improve reproductive health and expand access to services. Since 2014, the Advancing Partners & Communities (APC) project has helped the Benin Ministry of Health (MOH) to introduce community-based family planning, particularly the easy-to-use injectable contraceptive, DMPA-SC, at the community level. In Benin, DMPA-SC is administered by midwives at health centers and trained community health workers (CHWs) in villages.

CONTRACEPTIVE METHOD MIX* Other Lactational amenorrhea modern method methods 0.8% 12.5% 0.5% jection Condoms 18.3% (male) **Implant** 7.5% The modern contraceptive 45.0% prevalence rate (mCPR) is 12% Sterilization (male) 13.3% 0.3% Data according to the 2017-2018 Benin DHS Key Sterilization (female) 1.7% Indicators Report

WHY IS DMPA-SC AN EXCITING NEW METHOD?

Provides 3 months of contraceptive protection



Short needle for subcutaneous application
Is easy to use.

Device comes pre-filled and

99% effective preventing pregnancy when used correctly



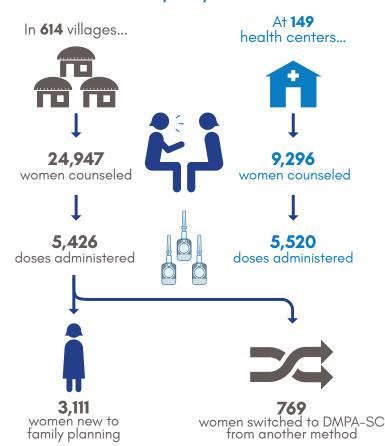
ready-to-use

Women can be trained to self-inject



RESULTS FROM INTRODUCTION OF COMMUNITY-BASED PROVISION OF DMPA-SC | JUNE 2017 - APRIL 2019

7,997 women adopted DMPA-SC in 10 USAID-priority health zones



Employed cascade training to roll out DMPA-SC



CHW trainers/ supervisors trained



CHWs trained

Engaged community members to raise awareness about voluntary family planning methods, including DMPA-SC



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local elected officials oriented



traditional and religious leaders sensitized



The MOH has committed to expanding access to DMPA-SC through nationally scaling the method in the public sector, introducing it in the private sector, and piloting its self-injection by women themselves.