The Republic of Benin faces high rates of maternal, neonatal and child deaths and a low rate of modern contraceptive use. In 2013, the Government of Benin pledged to improve reproductive health and expand access to services. Since 2014, the Advancing Partners & Communities (APC) project has helped the Benin Ministry of Health (MOH) to introduce community-based family planning, particularly the easy-to-use injectable contraceptive, DMPA-SC, at the community level. In Benin, DMPA-SC is administered by midwives at health centers and trained community health workers (CHWs) in villages.

**Bringing Family Planning to the Community**

**Introduction of DMPA-SC (Sayana Press) in Benin**

**CONTRACEPTIVE METHOD MIX**

<table>
<thead>
<tr>
<th>Method</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>IUD</td>
<td>13.3%</td>
</tr>
<tr>
<td>Sterilization (female)</td>
<td>1.7%</td>
</tr>
<tr>
<td>Sterilization (male)</td>
<td>0.3%</td>
</tr>
<tr>
<td>Condoms (male)</td>
<td>7.5%</td>
</tr>
<tr>
<td>Lactational amenorrhea</td>
<td>0.8%</td>
</tr>
<tr>
<td>Injection</td>
<td>18.3%</td>
</tr>
<tr>
<td>Other modern methods</td>
<td>0.5%</td>
</tr>
<tr>
<td>Implant</td>
<td>45.0%</td>
</tr>
</tbody>
</table>

* The modern contraceptive prevalence rate (mCPR) is 12%

Data according to the 2017-2018 Benin DHS Key Indicators Report

**WHY IS DMPA-SC AN EXCITING NEW METHOD?**

- Provides 3 months of contraceptive protection
- Short needle for subcutaneous application
- Is easy to use.
- Device comes pre-filled and ready-to-use
- 99% effective preventing pregnancy when used correctly
- Women can be trained to self-inject

**RESULTS FROM INTRODUCTION OF COMMUNITY-BASED PROVISION OF DMPA-SC | JUNE 2017 - APRIL 2019**

- **7,997 women adopted DMPA-SC in 10 USAID-priority health zones**
- **24,947 women counseled**
- **5,426 doses administered**
- **5,520 doses administered**
- **3,111 women new to family planning**
- **9,296 women counseled**
- **769 women switched to DMPA-SC from another method**

The MOH has committed to expanding access to DMPA-SC through nationally scaling the method in the public sector, introducing it in the private sector, and piloting its self-injection by women themselves.

Looking Forward

Engaged community members to raise awareness about voluntary family planning methods, including DMPA-SC

- 683 local elected officials oriented
- 719 traditional and religious leaders sensitized

Employed cascade training to roll out DMPA-SC

- 331 CHW trainers/supervisors trained
- 1,164 CHWs trained