

FAMILY PLANNING & HIV INTEGRATION

Important Contributions to the Global HIV Goals

In order to control the HIV epidemic, global HIV goals must be achieved by 2030:



90% OF ALL PEOPLE
LIVING WITH HIV KNOW
THEIR STATUS BY 2020



90% OF ALL PEOPLE
WITH DIAGNOSED HIV INFECTION
WILL BE ON TREATMENT BY 2020



90% OF ALL PEOPLE
RECEIVING THERAPY WILL ACHIEVE
VIRAL SUPPRESSION BY 2020

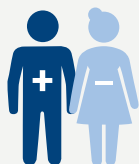
About 885 million women in the developing world wish to avoid a pregnancy. About three-quarters of them are using a modern method of family planning (FP). However, more than 214 million women still have an unmet need for FP. Among women at risk of HIV and those who are HIV-positive, access to FP is even more limited. Ensuring that these populations have access to voluntary FP services supports the 90-90-90 goals by:

- ▶ Enabling women interested in receiving both HIV testing and FP services to obtain them conveniently in one location.
- ▶ Increasing the acceptability of HIV testing services by drawing in women, couples, and priority populations interested in receiving FP services in addition to knowing their HIV status.
- ▶ Reaching more men with HIV testing and including men as FP users as well as partners.

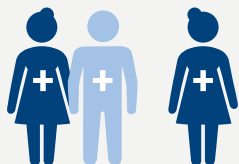
- ▶ Preventing unintended pregnancies among HIV-positive women who wish to delay or limit childbearing, thereby reducing mother-to-child transmission of HIV.
- ▶ Assisting HIV-positive women and HIV-negative women in serodiscordant relationships who desire a pregnancy to achieve safe conception and pregnancy.

- ▶ Helping to mitigate the social and economic pressures that could arise from an unintended pregnancy, which may negatively impact treatment adherence and achievement of viral suppression.
- ▶ Providing for the holistic needs of HIV-positive women and priority populations encourages them to remain engaged in and adherent to HIV treatment programs until viral suppression is achieved.

WHO BENEFITS FROM FP/HIV SERVICES?



**Serodiscordant
Couples**



**HIV-Positive Women
and Couples**



**Key
Populations**

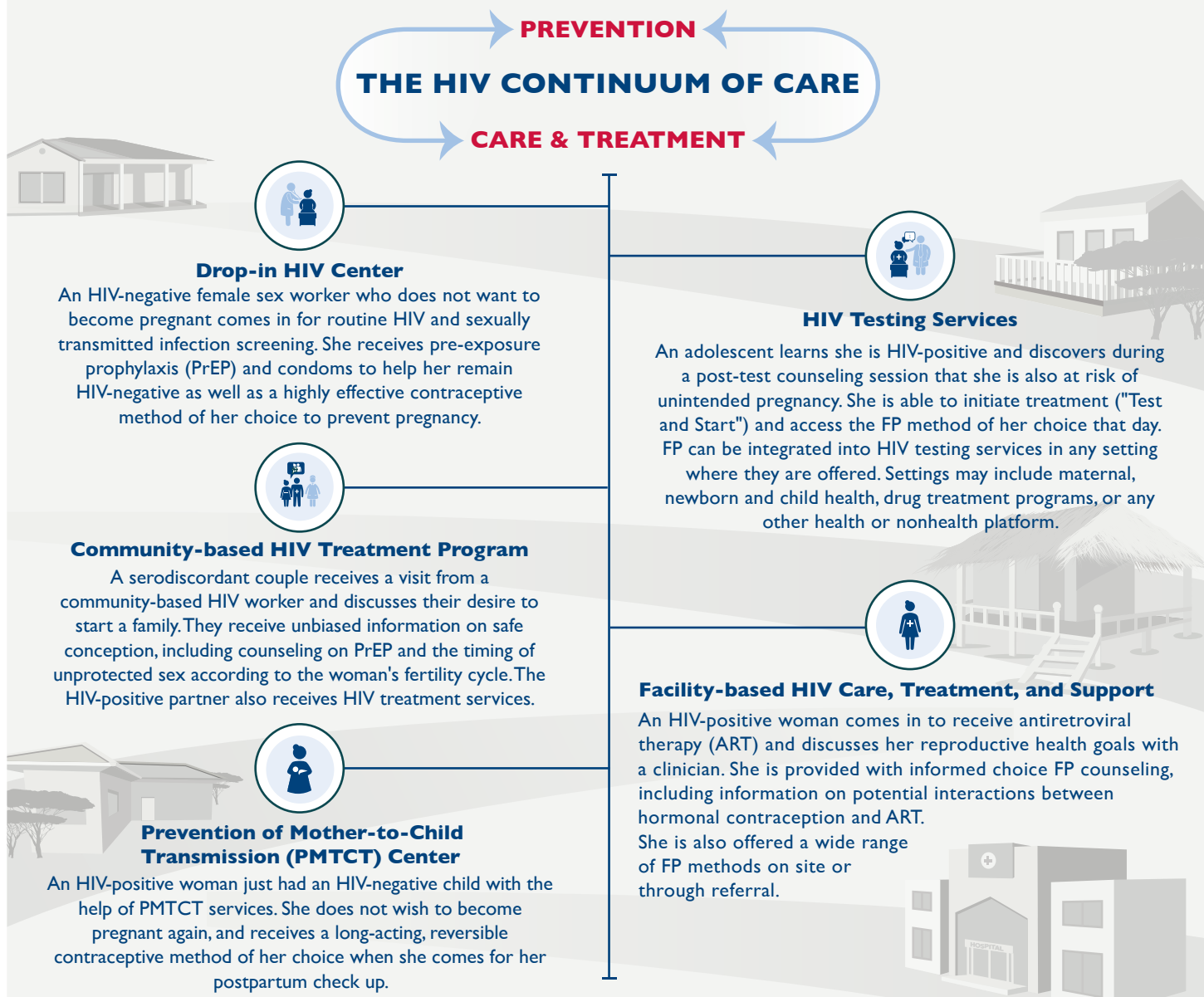


**Adolescent Girls
and Young Women**

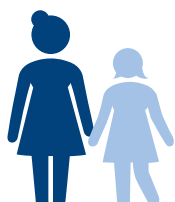
Integrating FP into HIV services can help ensure that people living with HIV, young women, key populations, and male partners can access critical information and services that empower them to fulfill their reproductive health needs and goals.

HOW CAN FAMILY PLANNING BE INTEGRATED INTO HIV SERVICES?

Voluntary, rights-based FP counseling and services fit into a wide spectrum of HIV services, from prevention to care and treatment. FP/HIV integration can help improve access to and uptake of both services, and reduce stigma and discrimination. Clients of HIV services are able to conveniently access FP services that support their fertility choices at various points within the HIV continuum of care.



ACHIEVING THE GLOBAL HIV GOALS



FP/HIV integration can have maximum impact on the UNAIDS 90-90-90 goals when it adheres to rights and empowerment principles and is supported by an enabling policy environment. Progress toward these goals can also be accelerated through efforts to reduce the socioeconomic inequalities, stigma and discrimination, and rigid gender norms that drive poor reproductive health outcomes.

